



Flaming Gorge Tower Rock Run 10K, 5K & One Mile Fun Run/Walk

Come run one of the most scenic courses in the entire country! 10K will start above Palisades Picnic Area and end at Navajo Cliffs Picnic Area on the Sheep Creek Geological Loop. The 5K will start at Tower Rock*

\$100 Cash Prize to top 10K Male & Female Runners!
\$50 Cash Prize to top 5K Male & Female Runners!
Great Awards/Drawings + Race T-Shirts & MORE!

When: August 12, 2023 – 8:15 AM Race Time

Registration: Cost is \$30.00 per person for 10K, \$25.00 for 5K and \$20.00 for one mile fun run/walk. Return the registration form with payment via Check or Money Order payable to: **Daggett County** and mail to P.O. Box 400, Manila, UT 84046 or for a fee you can **register online** at <https://flaminggorge.smashpass.com/> **Note:** Add \$5.00 Late Fee for registration after August 11, 2023.

~PACKET PICK-UP~

Packet Pick Up and Late registration (Add \$5) available race day – 7:00 AM to 7:45 AM. Parking at Navajo Cliffs is limited, so please carpool if possible. Buses will leave Navajo Cliffs at 8:00 am for the start line.

PARTICIPANT'S ACKNOWLEDGEMENT OF RISK

I wish to participate in the Tower Rock Run to be held on August 10, 2019. I recognize that there is an element of risk in any adventure, sport or activity associated with the outdoors. I am fully cognizant of the risks and dangers inherent in foot races of this type.

Therefore, I assume full responsibility for personal injury to myself or for loss or damage to my personal property and expenses thereof as a result of my negligence except to the extent such damage or injury may be due to the negligence of Daggett County. I further understand that Daggett County reserves the right to refuse any person it judges to be incapable of meeting the rigors and requirements of participating in this event.

I have read and completely understand the foregoing and I have no unanswered questions regarding the foregoing agreement. I am at least 18 years of age and I am fully competent to sign this agreement, or I have legal guardianship for those under 18. I authorize the use of my name and/or likeness in print or digital media for the purpose of advertising and/or promoting this event. I understand that registration fees are **NON-REFUNDABLE.**

Signature: _____ **Date:** _____

Signature: _____ **Date:** _____

Awards & Prizes:

- **Cash Prizes to Top Male & Female (10K/5K)**
- **Awards for Top three in each age group**
- **Random Prize drawings after the race**
- **Refreshments**

Registration Information:

Full Name: _____
Male/Female Event: 10K/5K/Mile Age: _____
Address: _____
City: _____ **State:** ____ **Zip:** _____
Phone: _____ **e-mail:** _____
T-shirt size: Adult S M L XL XXL

2nd Name: _____
Age: _____ **Circle Answer:** Male/Female
Event: 10K / 5K / Mile
Phone: _____ **e-mail:** _____
T-shirt size: Adult S M L XL XXL

3rd Name: _____
Age: _____ **Circle Answer:** Male/Female
Event: 10K / 5K / Mile
Phone: _____ **e-mail:** _____
T-shirt size: Adult S M L XL XXL

4th Name: _____
Age: _____ **Circle Answer:** Male/Female
Event: 10K / 5K / Mile
Phone: _____ **e-mail:** _____
T-shirt size: Adult S M L XL XXL

If you have additional immediate household members please fill out and attach a second form.

Total Registration Fees:

Registration Fees: # _____ **Runners** \$ _____
Less Total Discount(s) \$- _____
Late Fee(s) (If applicable): \$ _____
Extra Shirts: _____ at \$10 each \$ _____
Total Amount Enclosed: \$ _____

Signature: _____ **Date:** _____

Signature: _____ **Date:** _____



*Under Permit by the Ashley National Forest